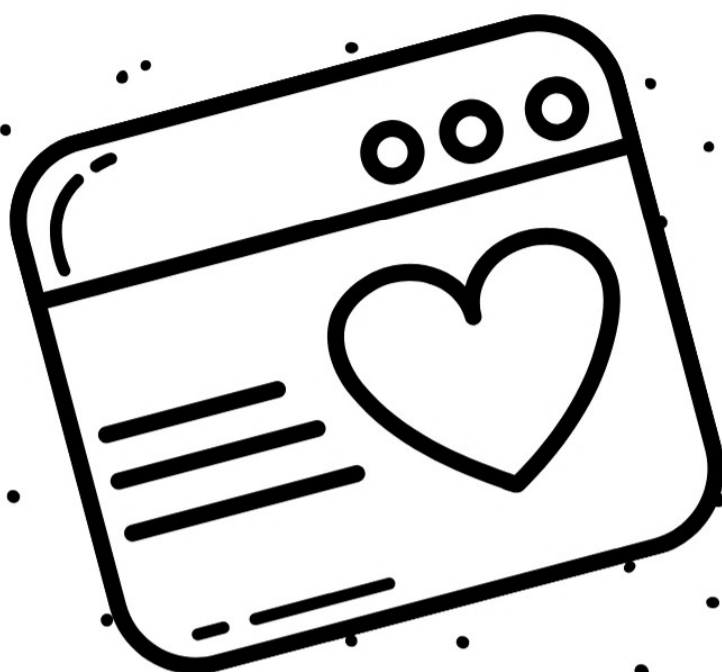


LE MIE EMOZIONI QUANDO MI SENTO.. POSSO..



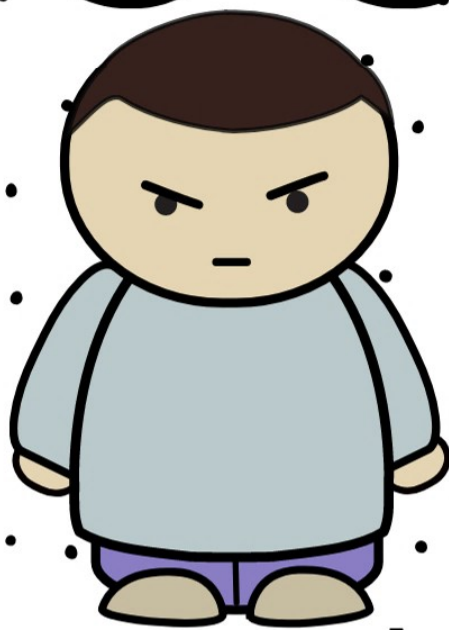
Arrabbiato

PERCHÈ?

QUANTO?

1 2
3 4

COSA POSSO FARE?



Confuso

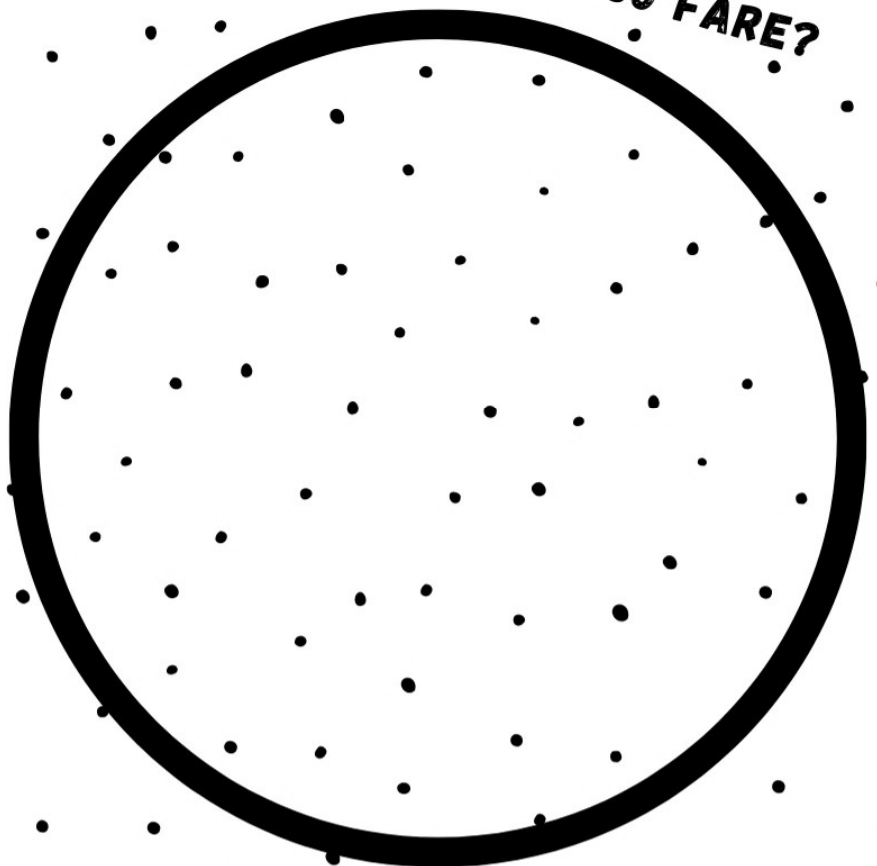
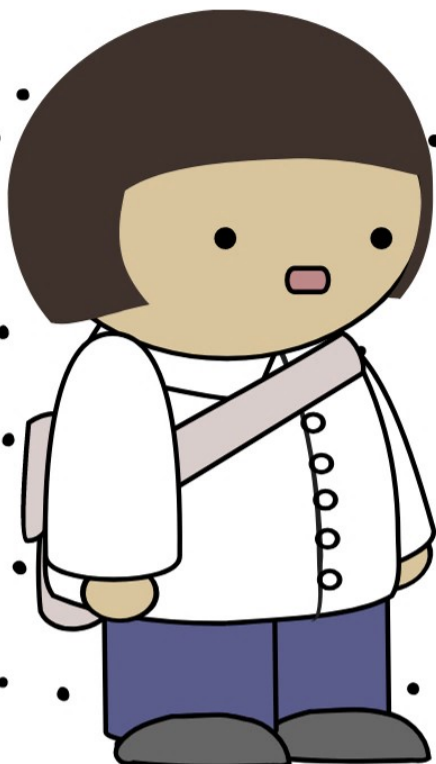


PERCHÈ?

QUANTO?

1 2
3 4

COSA POSSO FARE?



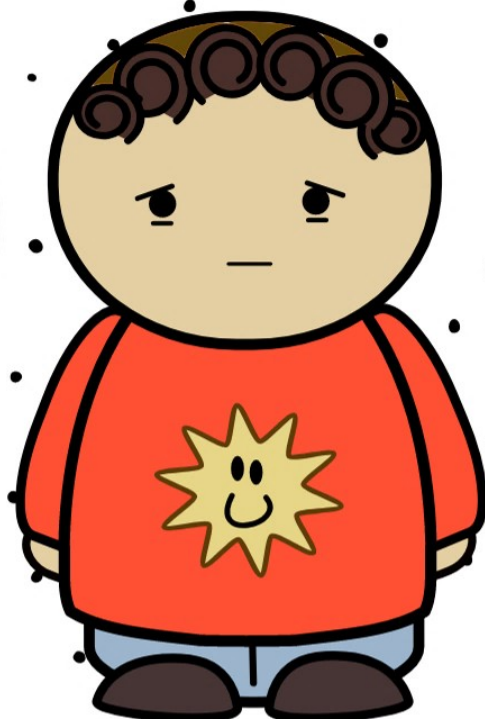
Triste

PERCHÈ?

QUANTO?

1 2
3 4

COSA POSSO FARE?



Felice

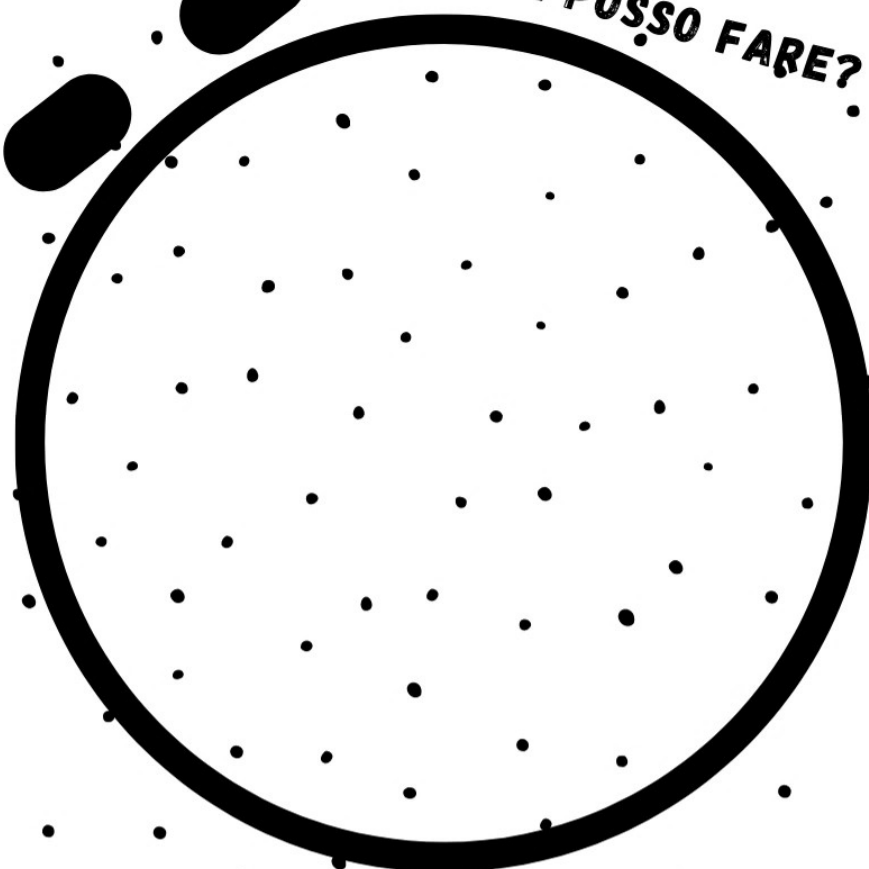
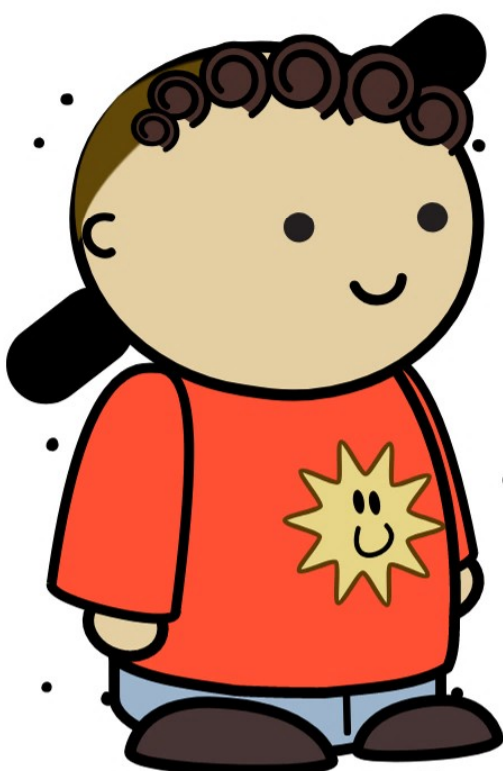


PERCHÈ?

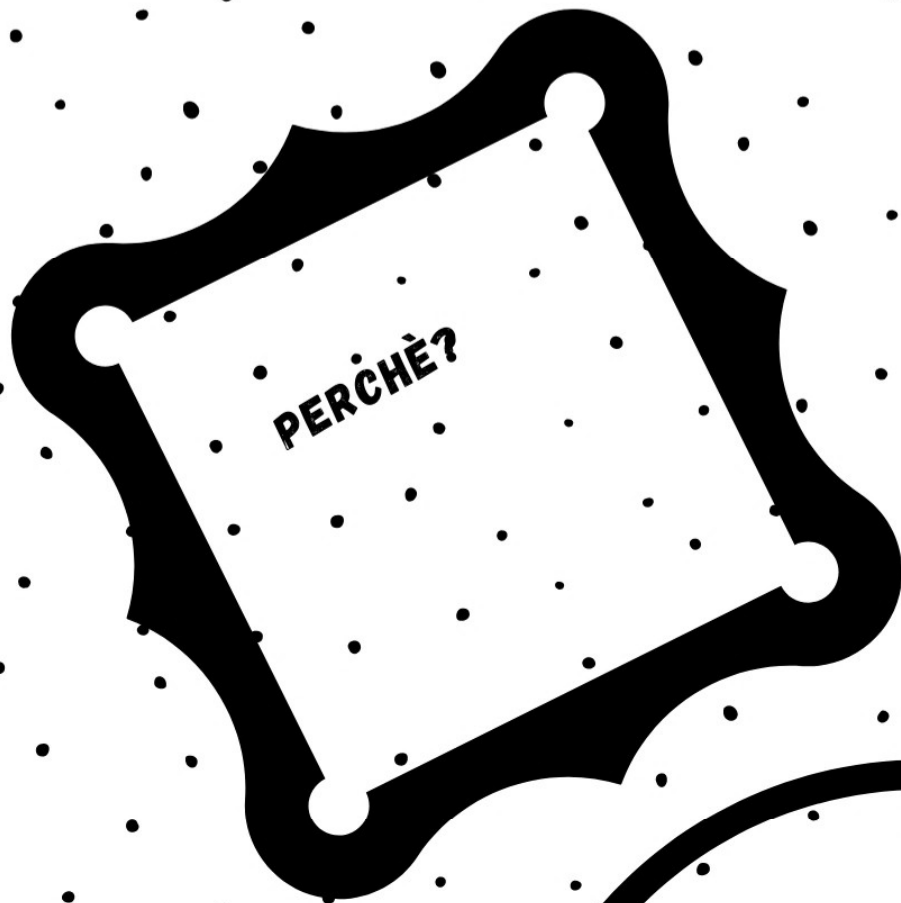
QUANTO?

1 2
3 4

COSA POSSO FARE?



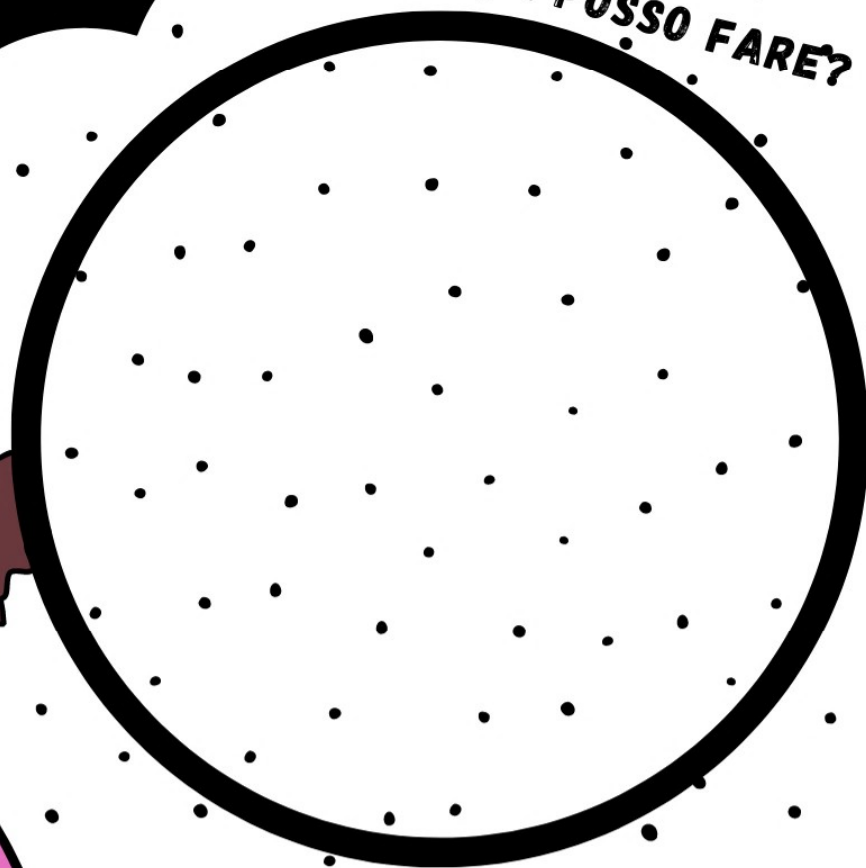
Emozionato



QUANTO?

1 2
3 4

COSA POSSO FARE?



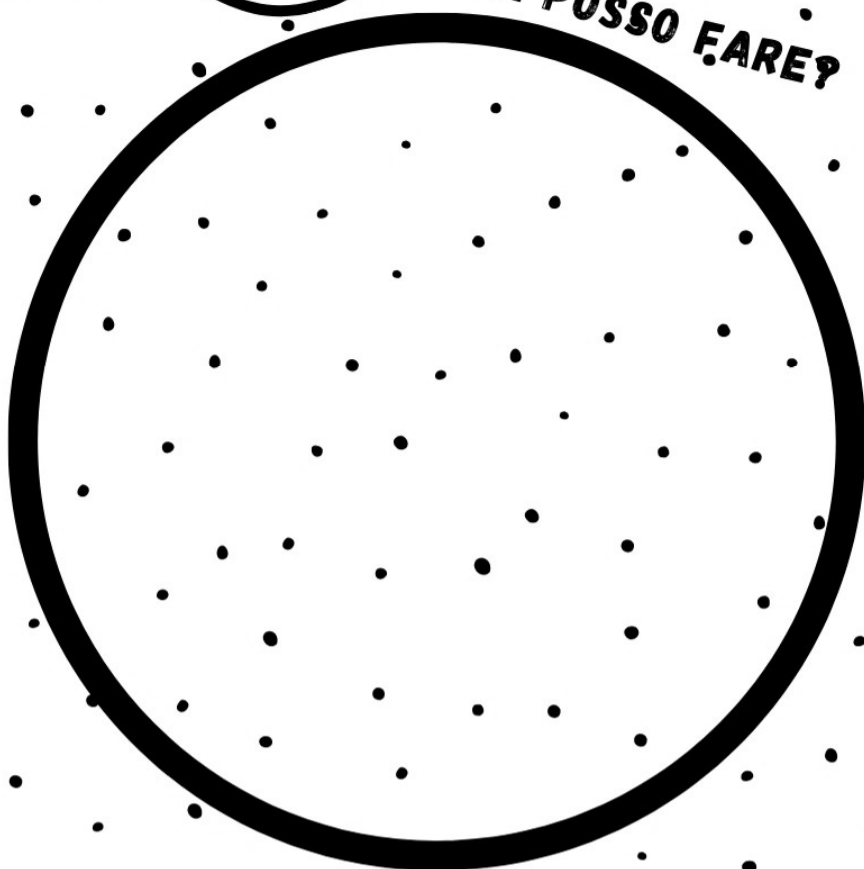
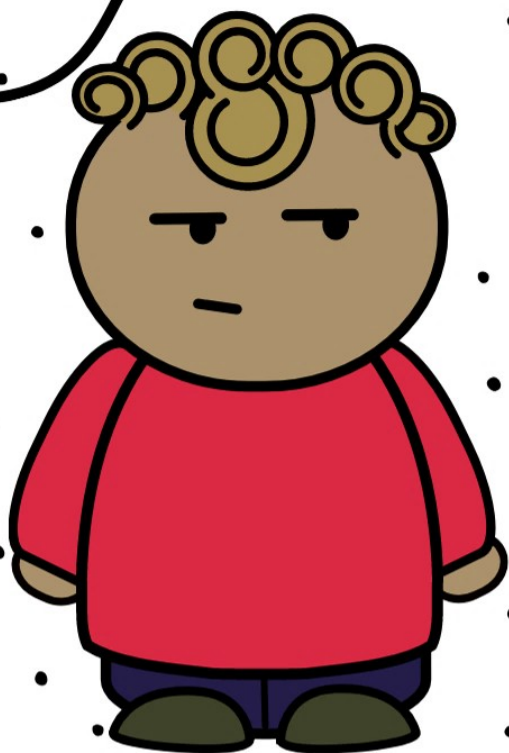
Irritato

PERCHÈ?

QUANTO?

1 2
3 4

COSA POSSO FARE?



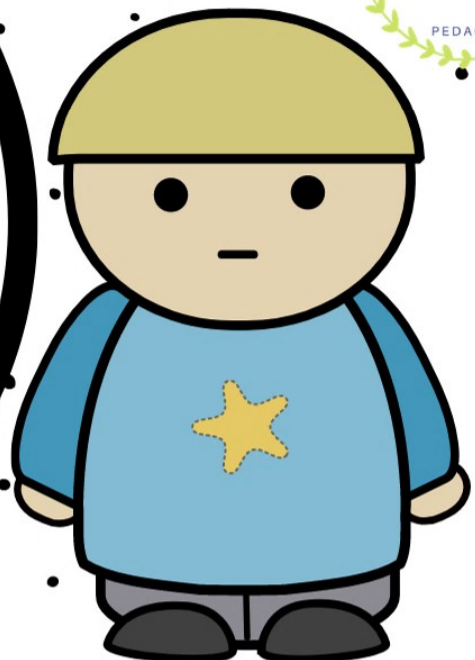
Preoccupato

PERCHÈ?

QUANTO?

1 2
3 4

• COSA POSSO FARE? •



Confuso

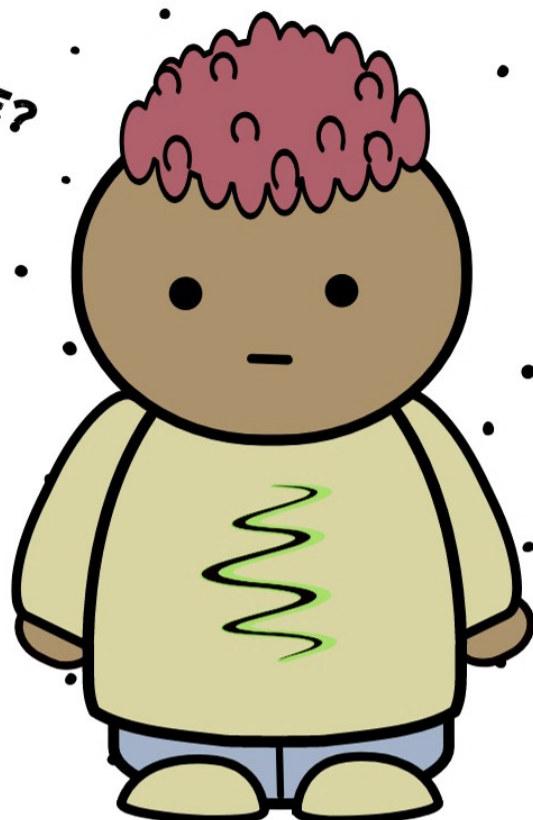


PERCHÈ?

QUANTO?

1 2
3 4

COSA ROSSO FARE?



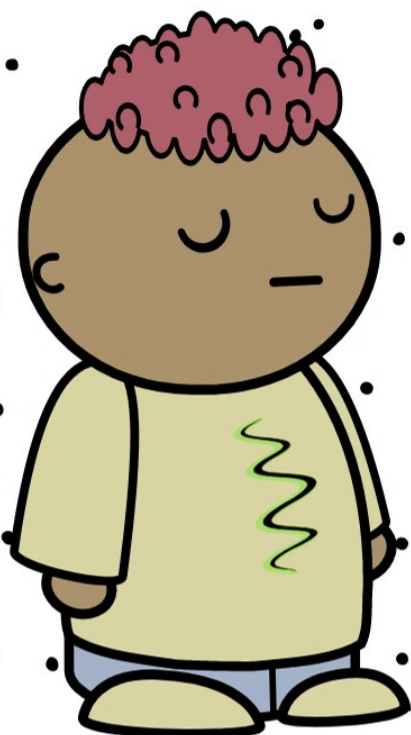
Impaurito

PERCHÈ?

QUANTO?

1 2
3 4

COSA POSSO FARE?



Timido



PERCHÈ?

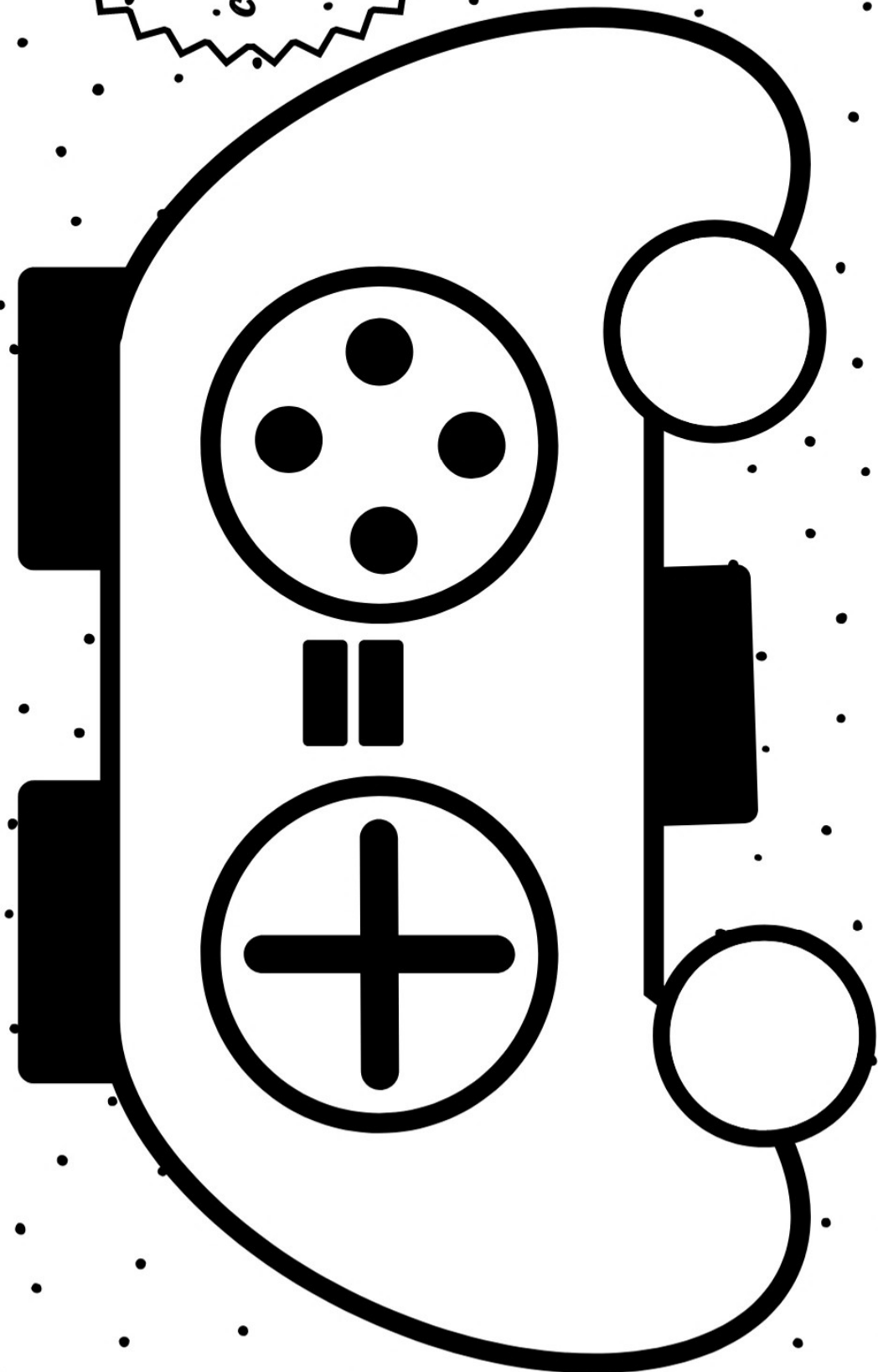
QUANTO?

1 2
3 4

COSA POSSO FARE?



Tutto sotto controllo!



PUOI SCRIVERE SUI
COMANDI LE
STRATEGIE UTILI A
CONTROLLARE LE TUE
EMOZIONI